

**Tobacco Dependence Adviser Training
Course: Inpatient Mental Health**

Trainer's guide
Module 1: Introduction

Welcome, introductions and course overview

Purpose:

- To set the tone for the training course and to explain the timetable to participants.
- To explain how the skills were identified and their significance for tobacco dependence advisers providing smoking cessation support in a mental health inpatient setting.
- To gauge course participants' experience.
- To explain the course aims and objectives.

Duration: 15–25 minutes

Process:

- Presentation
- Group discussion

Resources:

- PowerPoint presentation

Instruction:

- See notes in presentation slides